Ku-ring-gai Council Visit
On 22 October Lino and Robin from Ku-ring-gai Council and PLAYCE visited Year 9 Geography as part of a consultation focus group for the future direction of St Ives Village Green as a youth precinct. The students were involved in the planning process, which is aimed to help the youth create a feel of ownership of the new development. The students were thoroughly engaged in the process and contributed some great ideas that were welcomed by our visitors.

Global Dignity Day
Two year 10 students, Skye Naidoo and Gabrielle Buckingham, were selected to represent the school at the 2015 Global Dignity Day at NSW Parliament House. They were given the great opportunity to be addressed by former High Court Judge of Australia, the Hon Michael Kirby, as he gave his views on the issue of human rights and the concept of dignity in Australia and the world. The girls then worked in smaller groups with students from other schools to discuss their views and experiences on dignity. A special mention must go to Skye Naidoo who presented her own personal experiences and gave strong words of support for everyone during the final session of the day. The girls loved the day’s activities and are looking forward to sharing it with their peers. Thanks to Adam Noronha their HSIE teacher.

Debating Success!
On Tuesday 27 October the St Ives High School Year 8 debating team competed against Willoughby Girls’ High in the quarter-finals of the Premier’s Debating Challenge. The topic was, “We should ban coaching colleges” and St Ives was assigned the negative case. The undefeated team of Katie Farkas, Daniel Pavlich, Georgia Brooks and Kate Taylor represented the school in a tough debate that scrutinised inequitable access to education and the pressure school students’ experience. Ultimately, the negative team from St Ives was successful in reinforcing the benefits to access to additional support and the maintenance of coaching colleges.

The team will now move on to the semi-finals. Well-done St Ives High and good luck in the next round.
2015 Reminder of School Contributions
The final statement of the year for school contributions has been sent to all parents. Funds raised through school contributions are used to supply educational resources and programs in our school. It cannot be stressed strongly enough that these funds are essential for the school to ensure that the resources provide relevant and quality learning experiences for your child. It would be appreciated if payments are finalised by Friday, 27 November 2015.

Reminder for OPAL Card applications
Students in Years 7, 8 and 9 are invited to apply for an OPAL card to replace their other bus and train passes. Emails were sent from the school last Thursday with instructions of how to apply. The application can be found at www.woolcott.com.au/sstsfieldtrial applications close on Friday 30 October.

Making Gingerbread Houses
Year 10 Hospitality having fun in the kitchen sharpening their gingerbread skills.

Best wishes
Nathalie Bodley
Deputy Principal

ST IVES HIGH SCHOOL BAND PROGRAM—END OF YEAR CELEBRATION CONCERT
The entire St Ives High School Band Program is currently preparing for the end of year Celebration of Music concert on 3 December at 7pm. The Concert Band, Chamber Ensemble, Jazz Combo, Choir, The Creators of Us and The New Government will all feature on the night. The Concert Band and Choir will perform a joint work - Meeting the Sun, mvt 1 - I Wish I Were Young, by Elena Kats-Chernin commissioned for the ANZAC centenary.

Any students interested in becoming a member of any of these ensembles should contact Ms Kimberley Lovell on 9144 1689 extension 117 or kimberley lovell1@det.nsw.edu.au
Race Date: Sunday 1 November     Start time: 8am

We are entering a team in the 6km event. If you are a student, parent or teacher who would like to be a part of the St Ives High School team please register for the race at [http://www.barecreektrailrun.com/](http://www.barecreektrailrun.com/) and notify Mr Lawler nathan.lawler6@det.nsw.edu.au

Last year we entered a team of around 30 runners/walkers, we will be looking to build on this in 2015. Once I hear that you have registered I will make contact with the race convenor who will count your participation points towards our team total. We are once again involved in a friendly competition against Killara High School.

This will no doubt be a great day for the community.

Nathan Lawler
Relieving Head Teacher Welfare
HSIE Teacher

YEAR 8 STUDENT FEEDBACK FROM LUNCHTIME STUDY SKILLS SESSIONS

“I am Jawad Alkozey and I did the Study Skills last week with an upcoming History exam. Once I came home that day to study for the exam I remembered about the study skills. I looked back and did one whole page of a mind map of each thing I was studying and one page of dot points including that I looked at videos. When it was the day of the exam I read all my notes and once I entered the room I was not scared like other times, I was more confident and ready as well as I had memorised so hard that I still remembered most of it. Thanks to Mr Lawler.”

P&C NEWS

SIGN UP FOR ORIENTATION DAY — UNIFORM SHOP VOLUNTEERS

Orientation for Year 7 2016 is on Thursday, 3 December. This year the P & C are trialing some new options with extra days for uniform sales and pack up. This can only run successfully with the help of volunteers.

<table>
<thead>
<tr>
<th>Mon 30 Nov Shop</th>
<th>Tues 1 Dec Shop</th>
<th>Wed 2 Dec Set up</th>
<th>Wed 2 Dec Sales</th>
<th>Thurs 3 Dec Sales</th>
<th>Fri 4 Dec Pack up</th>
</tr>
</thead>
<tbody>
<tr>
<td>7.45am - 11.30am</td>
<td>7.45am - 11.30 am</td>
<td>9.00am - 3.00pm</td>
<td>4.00pm - 6.45pm</td>
<td>11am - 4.00 pm</td>
<td>9.00am - 3.00pm</td>
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We’re now using VolunteerSpot (the leading online signup and reminder tool) to organise our volunteers for Orientation Day. Thank you to the people who have already signed up.

Here’s how it works in 3 easy steps:

Step 1:
Click on this link or copy it to your browser to go to our invitation page on VolunteerSpot: [http://vols.pt/baTxMv](http://vols.pt/baTxMv)

Step 2:
Enter your email address: (You will NOT need to register an account)

Step 3:
Sign up! Choose your spots - we will send you an automated confirmation and reminders. Easy!

Note: VolunteerSpot does not share your email address with anyone. If you prefer not to use your email address, please contact me and I can sign you up manually.

Eric Tse Email: sihsuniform@gmail.com
This trial is open to **one student per family** in Years 7, 8 and 9.

An email has been sent to parents of Years 7, 8, 9

October 2015

Dear parent/guardian,

Your child could be one of the first to travel with a School Opal card.

We're pleased to let you know, your child's school has been selected to take part in the School Opal card Customer Field Trial, which means your child could be one of the first to start travelling with a School Opal card.

The School Opal card replaces the current variety of student train and bus passes, so it makes it easier for students to get to and from school.

To be part of the School Opal card trial apply at: woolcott.com.au/sstsfldtrial

If you're selected to be part of the School Opal card trial, you'll just need to complete the online application and follow the prompts. Your child will then use the School Opal card to travel to and from school. You'll also need to complete a few short feedback surveys during Term 4. If you have more than one child at school, we ask you to nominate one child.

The School Opal card trial surveys will be conducted by Woolcott Research and Engagement on behalf of Transport for NSW.

If you have any questions regarding the School Opal card Customer Field Trial please contact Transport for NSW on 8265 7115 or email CFT@transport.nsw.gov.au.

Thanks for your help making Opal even better.

The Opal Team

Transport for NSW
18 Lee Street Chippendale NSW 2008 | PO Box K659 Haymarket 1240
Tel: 02 8202 2702 | Fax: 02 8202 3890 | transport.nsw.gov.au | ABN 18 804 239 602
St Ives High School Hospitality staff are extremely pleased to announce that in July of 2016 students in Years 9-12 who have an interest in Hospitality or Food Technology will have the opportunity to participate in a 6-7 day Food and Hospitality Tour of Melbourne.

The exciting activities will include:
- Hospitality challenges
- Restaurant and Hotel Tours and Workshops
- Master classes with notable chefs
- Meet the chef opportunities
- Melbourne CBD Tasting tour and workshop
- A comprehensive tour of all services provided in a five star hotel
- Quality restaurant dining and visitation experiences
- Great Ocean Road day trip
- Federation Square visit
- Visit Queen Victoria Markets
- MCG Tour
- William Angliss Institute Tour

Cost: The all-inclusive itinerary will include: air travel, transfers, quality accommodation, meals and all activities and at this stage is estimated to cost $1750.

Expressions of Interest: Numbers are restricted to 24 students.

If you are interested in this tour - please give your name to Mrs Doherty in the TAS staffroom.
WHOOPING COUGH INFORMATION FOR SCHOOLS

There is an outbreak of whooping cough (pertussis) in NSW, mainly affecting school-aged children.

Coughing spreads the infection to others nearby. Whooping cough can spread to anyone at home, including younger brothers and sisters. Whooping cough can be especially dangerous for babies.

Whooping cough starts like a cold and progresses to bouts of coughing that can last for many weeks. The infection can occur even in fully-vaccinated children. Older children may just have a cough that is persistent and may be worse at night.

- Children with these symptoms should see a doctor.
- If your doctor diagnoses whooping cough in your school-aged child, please let the school know and keep your child at home until they have taken 5 days of antibiotics. Keep coughing children away from babies.
- Whooping cough vaccines give good protection against infection but immunity fades with time. Check that all your children are up to date with their vaccines, due at 6 weeks, 4 months, 6 months, 4 years and 12 years of age (offered to all Year 7 students through the NSW school-based vaccination program). A booster is also recommended at 18 months of age.

A booster dose of vaccine is also recommended for adults that are in contact with young children, such as school staff and parents. Pregnant women are recommended to have a booster dose during each pregnancy and this is funded by NSW Health. Those who are new parents or carers of babies should consult their general practitioner about appropriate immunisation.

Your local public health unit can provide advice about whooping cough on 1300 066 055 or visit the NSW Health website for information for childcare and schools about whooping cough.
CAREERS UPDATES

Year 10 Work Experience 23-27 November 2015, Week 8
A reminder that completed and signed forms are due by 6 November in two weeks at the end of Week 5. If you are having difficulty finding a suitable employer see Mr Holmes in the Careers office as soon as possible. Since all students are expected to be on work experience during Week 8 gaining valuable and important skills and knowledge, there are no Year 10 classes scheduled for Week 8.

Year 12
A free Careers Advisory Service is available after you finish school and after you receive your ATAR to give advice to students about career options. Students normally call because they have done better or less than better than they thought they would. Visit www.cas.det.nsw.edu.au or call 1300 300 687 from 18-23 December 2015.

Applying for university timeline
UAC guides have arrived. Collect your copy from the careers office.
5 August - Online university applications and SRS (early entry) open through UAC.
30 September - On time applications close, late fees apply after this time.
17 December - ATARs released & Year 12 BBQ at school
End January - Main round university offers released.

Year 10-12 Pre Apprenticeship & Apprenticeship Opportunities
I have a number of apprenticeship opportunities available at the moment for students wishing to leave school. Any student who has completed Year 9 is eligible to leave school and commence an apprenticeship. The only issue for younger applicants is you generally need a license to drive. Current apprenticeships are available in the areas of bricklaying, automotive, carpentry, chef, hairdressing, landscape construction, horticulture, motorcycle technician, and electrical.

Sydney TAFE Apprenticeship and Traineeship Open Day
Thurs 12 November @ Ultimo College
1pm - 7pm
> Receive one-on-one advice
> Meet industry experts, current students, graduates and teachers
> Watch live demonstrations
> Go on behind-the-scenes tours
Register at sydneytafe.edu.au/apprenticeshipopenday

Visit my free careers website at http://www.careeradvisicensw.com to view career videos, take career tests, view subject selection resources, links to all universities on bonus points, scholarships, elite athletes schemes, alternate entry to university, the job market, SRS and more. The site is available 24/7.

IMPORTANT CALENDAR DATES

Term 4
26 October - 13 November Years 7-10 Assessments and Examinations
4 November Last day HSC examinations
11 November Vaccinations for Year 7 and catch up vaccinations for Years 8 and 11
20-21 November Performing Arts Unit End of Year Showcase
23-27 November Year 7 Water Awareness
23-27 November Year 10 Work Experience
24 November 7.30 pm P&C Annual General Meeting in D Block
30 November - 1 December GATs Camp
30 November - 2 December Year 10 Camp
9 December Presentation Evening
Wednesday, 16 December Last day Term 4 for students
Thursday 17 and
Friday 18 December Staff present for School Development Days
COMMUNITY ANNOUNCEMENTS

24 Hour Festival of Tennis at Mills Park, Asquith - Fund raising for Hornsby Hospital
This weekend is the annual 24 Hour Festival of Tennis at Mills Park Tennis Centre in Asquith. Join in the fun any
time from 4 pm on Saturday, 31 October to 4pm on Sunday, 1 November and help raise funds for the Children’s
Ward at Hornsby Hospital. Cost is $60 per player for 24 hours or $30 for a 6 hour session. For children under 16 it
is $45 or $25 per session. Meals are included. For more information contact Mail Donnelly on 9482 1370.

Wahroonga FC & West Pymble FC—Combined 2016 Selection Trials
Ages: G11, G12 & G14 For girls turning 10 – 14 years old in 2016
Dates: Sunday 08 November AND Sunday 15 November
Times: 4:30 – 6:00PM
Venue: Charles Bean Oval, Eton Rd, Lindfield
Bring: Water bottle and sunscreen
Please pre-register at www.wahroongafc.com.au
CONTACT – Stephen Wilson 0412 501347 or g12.agemgr@wahroongafc.com.au

Northern Beaches ADHD Support Group—The Gut-Brain Connection
Speaker: Dr Robyn Cosford, Director of Northern Beaches Care Centre and Conjoint Lecturer at the University of
Newcastle School of Biological Sciences who will talk on the gut-brain connection on Monday, 23 November 2015
from 7.00—9.00 pm. Venue: Pittwater RSL, Main Sail Room, 82 Mona Vale Road, Mona Vale.
Website: www.northernbeachesadhdsupportgroup.com.au

Bootcamp

Bootcamp is divided into two sessions:
7.00—7.30 am and 7.30—8.00 am
You can attend both sessions or attend one session only
Join us on Friday mornings ... meet on the Quad at 7 am.
Bootcamp is open to students, staff and parents. Please remember to bring a bottle of water and a towel. It is important that all participants wear appropriate footwear and workout gear.
Any questions—contact Nathan Lawler, HSIE Staffroom 9144 1689 ext 119