Deputy Principal Matters by John Walker

Remembrance Day

Our school captains, Caitlin McCartney and Alex Chan, represented St Ives High School at the Roseville RSL Sub Branch Remembrance Day Ceremony on Wednesday. The ceremony commemorated the men and women of Ku-ring-gai who enlisted in WW1. A field of 1300 crosses was planted at Roseville Memorial Park. “Lest we forget”

St Ives High School is growing

It is pleasing that the hard work of staff, parents and students in making our school a friendly and supportive, high quality learning environment is being recognised by the surging number of requests we are receiving for enrolment. As we are currently organising the timetable for 2016 it is very important that we can accurately estimate the number of students in each year group. With the increased enrolments we are looking at increasing our number of classes.

Are you leaving?

To help us plan for 2016 we would greatly appreciate you letting us know if your child is not returning to St Ives High School in 2016. Some courses are full and others are filling quickly, so it will help others if we know of the vacancies that will be created by leaving students.

Please check names on uniforms

Losing property and uniform items is a common occurrence at schools. Parents have been asked to clearly label uniform items so that they can be more easily returned to their owners. Parents have requested that all families check the names on uniform items at home to ensure they have not been accidentally mixed up with those of other students.

Premier’s Debating Challenge - Regional Finals

On Thursday 12 November the St Ives High School Year 8 debate team of Katie Farkas, Daniel Pavlich, Georgia Brooks and Kate Taylor competed against Northern Beaches Secondary College Manly in the Regional Final of the Premier’s Debating Challenge. These two schools represented the final two teams from an original fifty across the Northern Sydney region. It is an outstanding achievement for both teams to have made it to this final stage in such a challenging and prestigious competition.

As the affirmative, the St Ives team was tasked with arguing that all schoolwork, apart from art, should be done on computers. It was an intense debate, with some students speaking for up to 7 minutes (and wanting to speak for more!) The St Ives team presented as strong advocates for a school BYO-Device program and the ease of online collaboration as well as the environmental and financial benefits of a shift away from paper-based learning. Contrarily, the opposition presented a strong case for maintaining the status quo and the potential disruptions, dangers and detriment of computer-based education. Both cases were detailed, well supported and rich, however, the negative case in support of maintaining the current system was ultimately successful. Congratulations NBSC Manly we wish you all the best in the State Championships. Thank you to Ms Anita Milne for leading the team.

Year 7 – 10 Yearly exams

Yearly examinations for Years 7 to 10 are now completed. Teachers are busily marking and writing reports while continuing to teach new work to students as they complete course syllabuses. Students should continue to work hard as they complete this new work that will form the foundation for 2016.
Student Representative Council (SRC) Elections
The SIHS Student Representative Council is a very active student leadership group led by our school captains. Elections for the 2016 SRC took place this week with candidates from Years 7 to 10 giving speeches to their peers. Good luck to all those who put themselves forward.

Year 11 study programs
HSC courses have begun for Year 11 students. It is essential by now they have effective study routines. We recommend that students plan a study timetable with:

- a minimum of 12 hours per week (senior students)
- all courses having a balance of time allocated for study
- major works / projects planned and started as soon as possible
- effective study strategies
- effective utilisation of “free” study periods

There are many websites that can help with planning an effective study program. Having an effective study timetable will avoid the need for parents to ask the most common question after school “Do you have homework?” as no homework means time for study!

Vaccinations
Students in Years 7, 8 and 9 were provided booster shots for the Human papilloma virus and measles on Wednesday with many a brave face being shown! This is an opt-in program where parents can elect for their children to be vaccinated or not.

Performing Arts Unit Annual Showcase
This year the students and their tutors are presenting two evenings of fabulous entertainment in the School Auditorium. Titled “Welcome to Comic Con Oz”, this joint production will bring to the stage song, dance and acting of the highest calibre. Do not miss this special event on our school calendar. Friday 20 November and Saturday 21 November at 7.30pm with tickets on sale now. Tickets may be purchased on www.trybooking.com/168015 or at the door on the night. Adults: $10.00 and Students: $5.00 with doors opening at 7.15pm.

Women’s Leadership Forum
Abigail Bywaters (Year 7) has been accepted to attend this prestigious event at the Shangri-La Hotel. She will be engaging with a panel of five inspirational women in their chosen field of pursuit - Business, Entertainment, Science, Sport and Politics. Julia Gillard will be the political professional. Abigail will be attending a training day on Sunday followed by the event on 20 November. This forum is being hosted by the Layne Beachley Foundation. Well done Abigail!

Congratulations … The following students received a Ku-ring-gai Zone Secondary Schools Sports Association (KZSSSA) Blue Sports Awards -

- Srijan Singh Year 8: Zone Blue Tennis
- Nathan Taplin Year 10: Zone Blue Swimming
- Susie Hollis Year 12: Zone Blue endorsement Softball
- Shannon Smit Year 12: Zone Blue Girls’ Rugby
- Tim Smit Year 12: Zone Blue Boys’ Rugby
- Amir Balouchi Year 12: Zone Blue Basketball

Best wishes
John Walker
Deputy Principal

P&C ANNUAL GENERAL MEETING
TUESDAY, 24 NOVEMBER 2014 AT 7.30 PM
See invitation and agenda on page 9 of this newsletter

AMENDMENT TO PEER LEADER WORKSHOPS
For students in Year 9 attending the Peer Leader Training workshops next week on 17 and 18 November there has been an amendment to the timing structure - both days will conclude at 3 pm NOT 2.30 pm

Tania McGurgan
Coordinator
WHEN DID YOU LAST SHARE A SCHOOL EXPERIENCE WITH YOUR FAMILY?

Well here's "Food for Thought" the theme for this year's Leadership Breakfast organised by Year 10 SRC. On Wednesday, 18 November at 7.30am come to the Library and have a tasty breakfast provided by our talented Hospitality students. Breakfast will be followed by a special guest speaker, Eve Rabi, an author, who will share her experiences with us.

Tickets will be available at the school office, $10 Adult, $5 Student, $20 a family, or you can call 9144 1689 to reserve your tickets and pick them up and pay at the door on Wednesday.

Patricia Gettens
Leadership Coordinator

MAKING MUSIC WITH ST IVES PRIMARY

The St Ives High School Concert Band collaborated with the St Ives Primary School Intermediate Band on Tuesday morning this week. Our high school students effectively mentored the younger musicians whilst rehearsing their current repertoire with them, showing them what the music can sound like with a bit more experience. The primary school students were not afraid to have a go sight-reading through the more difficult repertoire that was thrown at them either. It was a pleasure and an honour to be invited to be part of this rehearsal with our next door neighbours. I look forward to doing it again soon.

Kimberley Lovell
Band Program Manager

GIRLS’ WORKSHOPS REMINDER

Just a note to remind Year 8 and 9 girls to return their workshop permission notes and money by 20 November.

Year 8 and 9 girls are being offered two personal development workshops on Wednesday 25 November. The girls may choose to participate in one or both of the workshops. The aim of the day is to provide our young female students in Year 9 with the opportunity to undertake experiences that will provide knowledge and empowerment. The two workshops include:

(1) Make Down and Make Up, Skin Care and Colour Analysis
This workshop will be run by Linda Luttrell, an experienced beauty therapist and hairdresser. The presentation will inform our students on - how to care for their skin, how to apply make up naturally and correctly. All make up and skin care products are provided along with a sample and travel bag filled with products from Nak and Algologie. The workshop numbers will be small enough to allow for personal attention in instructing. Lastly the girls will take home a booklet that outlines the important aspects of the workshop. The cost of this workshop is $43

(2) Hapkido Workshop
This workshop will be run by Master Matthew Geister. Matt is a qualified Physiotherapist and a 6th Degree Black Belt. He has been teaching Hapkido for 17 years and practising the art for more than 33 years. The aim of Matt’s workshop is about building confidence, and self esteem while learning effective self-defence. Hapkido employs the philosophy of using minimal force to over come a stronger opponent. The cost of this workshop is $20.

Tania McGurgan
Supervisor of Girls
The knives were out as St Ives High hosted Heat 4 of the Hospitality World Skills Contest!

ASSISTING OUR OFFICE STAFF

IMPORTANT PARENT INFORMATION

Passouts for Students (i.e. doctor, dentist, family reason)
These should be obtained from the school office at the beginning of the day to allow students to leave class at the appropriate time. This Pass Out will be granted upon receipt of a written note from a parent/guardian. Unless it is an unexpected emergency, please do not ring the office 10 minutes before you wish to collect your child for an appointment. If you have any questions as to how to apply for a Pass Out, please contact the office for advice on 9144 1689.

Telephone Messages to Students
The school office endeavours to provide excellent customer service to students. To help this service continue, please think twice before telephoning to ask for personal messages to be passed on to students. It is school policy that only family emergency messages be passed on – we ask that you use discretion in this matter. It is impossible to pass on a message within five minutes of the end of the school day. It takes time to find the student and then send a message to the classroom. Once the bell for the end of the day has gone, students cannot be located by office staff.

Mobile Phones
Students should not be contacting parents direct on their phones if they are sick or injured. By doing so, teaching and office staff are unaware of this information. During class time, students should notify their teacher if they feel unwell or have an injury. Their teacher will send them to the office for clinic time, treatment or they will contact a parent/guardian if the student needs to go home. Students are welcome to go to the office during break times for assistance.
CAREERS UPDATES

Year 10 Work Experience 23-27 November 2015, Week 8
A reminder that completed and signed forms are now overdue. If you are having difficulty finding a suitable employer, see Mr Holmes in the Careers office ASAP. Since all students are expected to be on work experience during Week 8 gaining valuable and important skills and knowledge there are no Year 10 classes scheduled for Week 8.

Year 9 Careers Classes
In Careers classes I have given students the dates for work experience in 2016 which are from 28.11.16 to 2.12.16 in Term 4, Week 8. This is necessary because some high demand work placements such as magazine publishers, TV and radio stations and government departments require 1 year notice. I have sent the required work experience paperwork to students’ school email addresses.

Year 12
A free Careers Advisory Service is available after you finish school and after you receive your ATAR to give advice to students about career options. Students normally call because they have done better or less than better than they thought they would. Visit www.cas.det.nsw.edu.au or call 1300 300 687 from 18-23 December 2015.

Applying for university timeline
17 December - ATARs released & Year 12 BBQ at school
End January - Main round university offers released.

For more information on any of these or other careers matters visit the Careers Adviser or email Mr Holmes at neil.holmes@det.nsw.edu.au or call the school on 9144 1689 ext 116.

Visit my free careers website at http://www.careeradvisors.org to view career videos, take career tests, view subject selection resources, links to all universities on bonus points, scholarships, elite athletes schemes, alternate entry to university, the job market, SRS and more. The site is available 24/7.

Grease, the Musical DVD
Limited supply, so make sure you don’t miss out!

Order forms for this year’s musical "Grease" DVD are now available from the Office. DVD's are $40.00 each.

Orders will be filled on receipt of payment. Phone orders can be taken by calling the Office on 9144 1689 and DVD's sent home via pupil post.

IMPORTANT CALENDAR DATES

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<th>Term 4</th>
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<tr>
<td>20-21 November</td>
<td>Performing Arts Unit End of Year Showcase</td>
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<tr>
<td>23-27 November</td>
<td>Year 7 Water Awareness</td>
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<td>23-27 November</td>
<td>Year 10 Work Experience</td>
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<td>24 November</td>
<td>7.30 pm P&amp;C Annual General Meeting in D Block</td>
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<td>30 November - 1 December</td>
<td>GATs Camp</td>
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<td>30 November - 2 December</td>
<td>Year 10 Camp</td>
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<td>9 December</td>
<td>Presentation Evening</td>
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<td>Wednesday, 16 December</td>
<td>Last day Term 4 for students</td>
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<td>Thursday, 17 December</td>
<td>Staff present for School Development Days</td>
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<td>Friday 18 December</td>
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Food for Thought
A breakfast with a special guest speaker

Eve Rabi is a writer of romantic crime novels who will share her story with us

Wednesday 18th of November
In the Library
7.30 am Breakfast
8 am Speaker
$10 Adult
$5 Student
$20 for Family (4 or more)
St Ives High School Performing Arts Unit Presents...

"Welcome to COMIC CON OZ"

Do not miss this MARVELous event!

TICKETS
$10 Adults
$5 Students

TIMES & DATES
November 20th & 21st
7:30pm (Doors open 7:15pm)

St Ives High School Auditorium
Tickets on sale NOW. Tickets also available at the door

www.trybooking.com/168015
Join us for the **Year 11 Summer Social**, Friday 13 November, 7pm, 11 Awatea Rd, St Ives Chase.

**Bring:** drinks, a small plate to share and a fellow Year 11 parent!

**RSVP:** Catherine on year11stiveshs@gmail.com

Looking forward to seeing your there!

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**Friday 27th November – 7:30pm**

**SIHS Year 9 Do!** **BYO Drinks + a plate to share**

Hosts: Ali & Mahshad Parsanejad
12A Westbrook Ave, Wahroonga
P&C ANNUAL GENERAL MEETING — INVITATION
You are invited to attend the P&C AGM on Tuesday 24 November at 7.30pm in the MFS. Nominations for the following positions will be accepted and voted upon:

- Executive Positions: President, Two Vice-Presidents, Secretary, Treasurer
- Other Positions: Communications, Website, Fundraising and Marketing

An Agenda is on the next page. Please contact keitholiver@hotmail.com prior to the AGM if you would like to become involved and to discuss opportunities and the possibility of new additional positions for 2016.

UNIFORM SHOP

Oriention
The P&C would like to publicly thank all the parents who have volunteered to help the Uniform Shop at Orientation Week this year. As you know we are this year trialing extended hours - an extra Monday and Tuesday morning, Wednesday evening and all day Orientation Day Thursday. Without your help it would be very hard to do. Thank you. Also, we are now full with our booked sessions for Monday and Tuesday!

School Dress
It has been brought to our attention that the quality of the sewing on the school dress for the current batch may not be up to scratch, and the Supplier has acknowledged this and will repair any dress purchased this term if necessary. Should you have any issues with the dress (please do check) then please do bring it into the Uniform Shop and we will arrange for it to be repaired by the Supplier. This needs to be done by the end of this month as the shop is closed for Orientation. Thanking you in advance for your understanding.

ANNUAL GENERAL MEETING
SINHS P&C
Tuesday 24 November 2015, starting at 7.30pm
Multifunction Space (MFS)

AGENDA

1. WELCOME
2. FORMALITIES
   - Attendance (present/apologies)
   - Approval of previous minutes (15 Oct 2015)
   - Acceptance of minutes of previous AGM (27 Nov 2014)
   - Correspondence
3. END OF YEAR REPORTS
   - Principal report
   - President report
   - Assistant report
   - Treasurer report
   - Uniform report
   - Fundraising report
   - P&C Year group coordinators
4. OTHER BUSINESS
   - Funding allocations for 2016
   - Communications (mobile app)
   - Flexischools
5. MATTERS ARISING
6. ANY OTHER BUSINESS
7. ELECTION OF 2016 P&C COMMITTEE
   - P&C Executive Committee stands down.
   - Nominations for the following positions will be accepted and voted upon:
     Executive Positions: President, Two Vice-Presidents, Secretary, Treasurer
     Other Position: Communications, Website, Fundraising, Marketing
   - Please contact keitholiver@hotmail.com prior to the AGM if you would like to become involved. We can discuss the opportunities and the possibility of new additional positions for 2016.

Date of next meeting
Close
INTERNATIONAL STUDENT CARERS NEEDED

DE International is looking for carers in our school community to host international students. The students are in Years 9 to 12. If you feel you would like to welcome a student into your family please contact Mrs Regan at peta.regan@det.nsw.edu.au for an information pack.

Peta Regan
International Student Co-ordinator, ESL and Chinese teacher

COMMUNITY ANNOUNCEMENTS

Creative Short Courses for Teenagers and Adults
Do you love the visual arts? Get creative this Summer holidays with a National Art School short course!

The National Art School is an accredited higher education provider, endorsed by the NSW Department of Education and Arts.

We offer tailored short courses for teenagers and adults in a creative and engaging studio environment. Taught by professional practicing artists in our beautiful sandstone Darlinghurst campus, our short courses equip students with the skills and confidence to develop their own unique visual language and create original artworks.

Choose from our Summer School courses in drawing, ceramics, painting, printmaking, photography and sculpture. For full details and booking information please visit nas.edu.au or contact +61 2 9339 8633 between 9am-5pm on weekdays or email shortcourses@nas.edu.au

MACQUARIE ADHD Parent Support Group

Amanda Goh
Clinical Psychologist & Educational Developmental Psychologist

Jane Cramsie
Clinical Neuropsychologist

Psychological Assessment for ADHD; What, why and when?

Amanda and Jane have vast experience in the assessment, diagnosis, monitoring and management of children and adolescents with attention issues and ADHD.

They will cover reasons for assessment, what to expect during the process and recommended timing, covering co-morbidities, such as learning difficulties, behavioural and social issues, and emotional health concerns.

Lots of time allowed for questions.

When: Thu 26 November 2015
Time: 7.00pm – 9.00pm
Venue: Doreen Long College, (adjacent to Macquarie University)
139-134 Herried End Road, North Ryde, NSW 2113

Nearest cross street: Waterford Rd,...near Macquarie Uni railway station.
Both street and off-road parking. Allow extra travel time for congestion.

Rsvp: Tue 24 November 2015

Donation: $5.00 for catering

Come along and hear professional speakers, and meet other parents over supper.

All welcome – parents, teachers and professionals

ADHD Centre Help Line: 02 9889 5977 / 0416 312 036
Email: parentsteam@macquarieadhd.org.au